



CLERKSHIP INFORMATION SHEET

Title of Clerkship: Psychiatry

Academic Year: 2018-2019

Duration of Clerkship (# of weeks): 4 weeks

Clerkship Director(s): Mercedes Perez-Rodriguez, MD, PhD - Director
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Shreya Nagula, MD - Associate Director
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Clerkship Coordinator: Brian Weiner (interim)
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Clerkship Site Locations & Directors:

Mount Sinai Beth Israel

- **Name of Site Director:** Daniel Safin, MD
- **Email:** daniel.safin@mountsinai.org **Tele:** 212-420-2435

Mount Sinai St. Luke's & West

- **Name of Site Director:** Timothy Rice, MD
- **Email:** timothy.rice@mountsinai.org **Tele:** 212-523-5625

Mission Statement of Clerkship:

The mission of the Psychiatry Clerkship is to provide students with a broad exposure to the many diverse manifestations of mental illness, foster competency regarding how to recognize and ensure the safety of patients with psychiatric symptomatology, encourage an appreciation of the intrinsic links between mental and physical health, and promote the importance of reducing stigma toward mental illness.



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Goals of Clerkship:

- Provide students with the opportunity to gain competency in recognizing psychiatric symptomatology in patients who present to any area of Medicine
- Provide guidance regarding the appropriate initial management of individuals with psychiatric complaints, including necessary steps to ensure the immediate safety of the patient and those around him/her
- Provide both real-life and didactic instruction to familiarize students with psychiatric treatment modalities, including neuropsychopharmacology and evidence-based psychotherapies, as well as more novel neuroscience-based approaches
- Foster an appreciation of the struggles experienced by psychiatric patients, the intrinsic connections between mental and physical health, and the importance of working to reduce societal stigma toward mental illness

Objectives of Clerkship:

By the end of the clerkship students will be able to:

- Recognize key features of psychiatric illnesses in patients from a variety of clinical settings
- Demonstrate the ability to thoroughly assess a patient with potential psychiatric illness, including
 - Conduct a complete history and mental status exam
 - Recognize and describe elements of the major psychiatric diagnostic categories, including presenting symptoms, phenomenology, and potential etiologies
 - Assess potential danger to self or others
 - Develop a compassionate therapeutic alliance
- Formulate a psychiatric diagnosis:
 - Identify the major diagnostic criteria for the most common psychiatric illnesses
 - Demonstrate the ability to translate a patient's presenting symptoms into potential diagnostic criteria, and via clinical reasoning establish a likely differential diagnosis
 - Communicate likely diagnoses to patient and to other professionals
- Formulate a case with a sophisticated reasoning about mental life
 - Consider biological, psychological and social factors in the formulation of a patient's case
 - Understand the wider context in which an individual's symptoms are occurring and the implications for his/her overall life and functional status
- Utilize a multi-modal approach in the treatment of psychiatric disorders



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- Triage acute psychiatric concerns including determination of the appropriate level of care
- Identify key aspects of both the acute and chronic management of common psychiatric diagnoses